



Grace Learning Lab

Week 3 – Barriers to Experiencing the Joy of God’s Grace

Homework to Prepare for Meeting

1. **Watch or listen to Podcast 4- “Experiencing Grace”** (34 minutes)
2. **Watch or listen to Podcast, “An Example of Interpersonal Confession for Men” or “For Women.”**
3. Continue doing the Prayer of Reflection. Try it daily this week.
4. Review the discussion questions on this sheet and come prepared to discuss.

The Meeting

- 5 mins Review weeks 1-2
- 25 mins Discussion Questions
1. What from Podcast 4 stuck out to you or was most helpful (Jim, Jill, and Bill)?
 2. What is your biggest barrier to experiencing the joy of God’s grace?
 3. What gifts would come to your life and the lives of those around you if you were able to experience the grace of God more deeply on a regular basis?
- 5 mins Review “OAR” together
1. **Own** your sin with the others in the group. Listeners, remember not to excuse or diminish their sin. Encourage them to reflect on the impact that sin had on their relationship with God, the person/people they sinned against, anyone else who may have been impacted by your sin. Then own your sin with God through prayer.
 2. **Assurance** – Have the listener share a biblical “assurance of God’s forgiveness” (choose from the list of Scriptures).
 3. **Response** – Ask the one who confessed to consider how Jesus is calling them to respond to their sin and God’s grace. Is it with gratitude and worship? Repentance? Are there steps of reconciliation with another person that needs to happen? Have the person share, and then ask as a group, “How can we help you with this?”
- 20 mins Practice “OAR.” Have one person in your group agree to confess something to the others. Have another person volunteer to be the “listener” or receiver of the confession.
- 15 mins Debrief – What was that process like for each of you? What was helpful or meaningful? Could anything have been more helpful?
- 5 mins Close in prayer

Total time = 75 minutes